

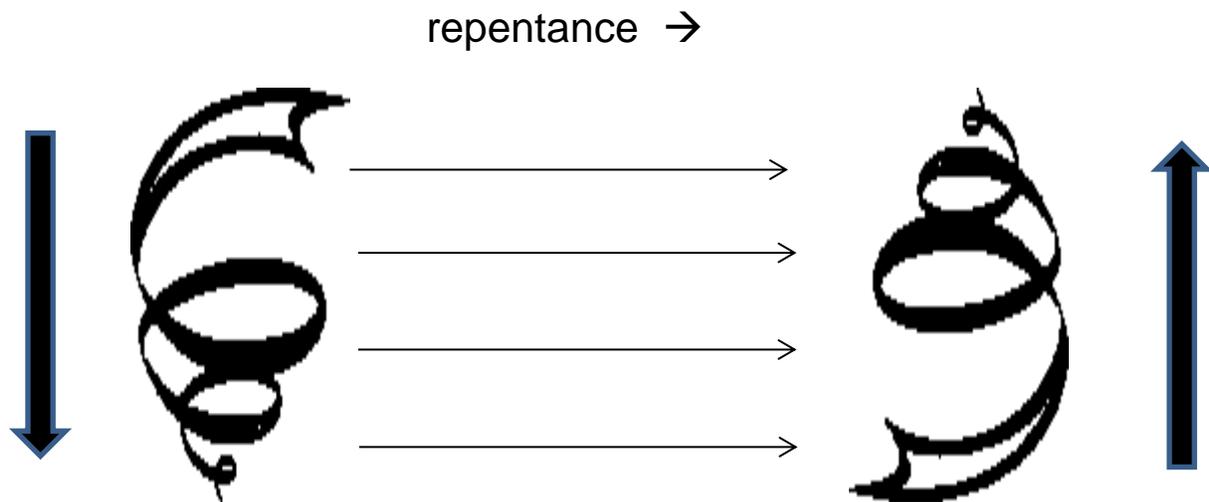


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THE DOWNWARD SPIRAL OF SIN AND THE UPWARD SPIRAL OF REPENTANCE

For although they knew God, they neither glorified him as God nor gave thanks to him, but their thinking became futile and their foolish hearts were darkened. Although they claimed to be wise, they became fools and exchanged the glory of the immortal God for images made to look like mortal man and birds and animals and reptiles. Therefore God gave them over in the sinful desires of their hearts.... Romans 1:21-24



EXPLANATION

- Sin never stands still, but is progressive chronologically and in its seriousness.
- When you repent, you need to understand every point on the downward spiral of your sin.
- It is important to understand the particular sins on the left hand side of the diagram—but also the positive alternative. “What could you have done instead of what you did?” Be as specific and practical as possible.

Understand: 1. The lies you were listening to, 2. The sinful actions that came out of it that lie. 3. The biblical truth(s) to counteract each lie, 4. Alternative biblical actions that you could have taken instead of the sins